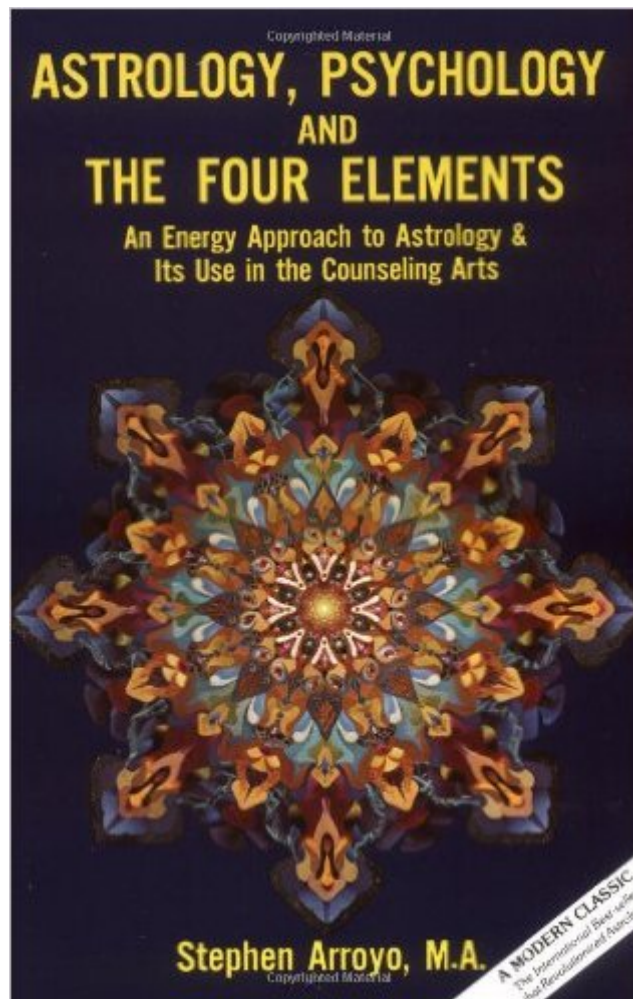


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# Astrology, Psychology, And The Four Elements: An Energy Approach To Astrology And Its Use In The Counseling Arts



## Synopsis

Astrology, Psychology and the Four Elements by Stephen Arroyo, a recognized classic in modern astrology, is truly a pioneering book in the field of astrology. It establishes a new science of astrological psychology. Arroyo presents a language of energy that has enabled astrology to be widely and reliably used in the helping professions as well as by the general public. As Library Journal stated, "Transcending the boundaries of separate disciplines, this work represents a major distillation of astrological principles." This book relates astrology to modern psychology and explains the use of astrology as a practical method of understanding one's attunement to universal forces. It clearly shows how to approach astrology with a real understanding of the energies involved, and it includes practical instruction in the interpretation of astrological factors with more depth than is commonly found in astrological textbooks. It was awarded the Astrology Prize by the British Astrological Association.

## Book Information

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## Customer Reviews

The book "Astrology, Psychology and the Four Elements" by Stephen Arroyo is an interesting viewpoint of astrology that emphasizes an individual's psychological make-up from an astrological perspective. Published in 1975, Mr. Arroyo divided the book into two parts. The first part he entitled "Astrology & Psychology", which contains eight chapters. The second part he entitled "The Four Elements: An Energy Approach to Interpreting Birth Charts", which also contains eight chapters (numbered from nine to sixteen). What differentiates this book from other typical astrology books is that it is not merely a look-up table for trying to interpret a person's birth chart. In the first part, Mr.

Arroyo compares the works of various psychologists (such as C. G. Jung, Sigmund Freud and O. Hobart Mowrer), physicians (such as Alexander Rupert), philosophers (such as L. L. White, Hans Stossel, Irving F. Laucks and Pascal), biologists (such as Pã're Tielhard de Chardin) and writers (such as Goethe) with various astrologers (such as Dane Rudhyar, David Hamblin and Marc E. Jones), mythological experts (such as Joseph Campbell) and people claiming clairvoyant abilities (such as Edgar Cayce). From these (and many others whom I have not named), Mr. Arroyo creates a synthesis to describe a more humanistic and holistic approach to both psychology and astrology, and encourages psychological counselors interested in astrology to utilize tools from astrology to assist in understanding their patients. He also lays the foundation for viewing the zodiacal signs with regard to the seasons of the year in which they fall with their corresponding psychological meanings. In the second part, Mr.

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